**Vineyard Worker Health Program** 

## **Program Eligibility**



- Are you currently employed at a winery or vineyard management company?
- Do you feel joint pain during or after work?
- Do you have health insurance\* and/or have an open Worker's Comp claim?
- Do you want to work and live life with less pain?

If you answered yes to these questions, you could be a candidate. To learn more or schedule an appointment, please contact the Napa Medical Research Foundation

(707) 492-0313

\*If you have questions regarding your insurance status, please call us at 707-492-0313 "My enthusiastic support of Dr. Bodor and the Foundation goes beyond my gratitude. The VWHP has successfully helped orthopedically-impaired workers to return to full productivity. A truly amazing service!"

Andy Beckstoffer of Beckstoffer Vineyards



"I did a lot of reading about PRP to find out more about it. Now I feel great. Even Dr. Bodor's Fellow that was exercising next to me at the gym was impressed with what I could do. I can do everything I could do before my injury."

— Margarito at Castello di Amorosa

"My near crippling carpal tunnel syndrome in both hands took many years of vineyard work to develop. It took Dr. Bodor around 1 hour per hand to provide 100% relief from the terrible pain. Most amazing was that the results were immediate, and there was no recovery time."

- Michael Wolf of Michael Wolf Vineyard Services

"I feel lucky to have discovered that this kind of treatment exists for people because before my doctors said, 'oh no – there is nothing we can do for you. ' Now, little by little, I have been able to ride my bike and walk more."

— Vicente at Duckhorn Vineyards



# Vineyard Worker Health Program

The Napa Medical Research Foundation is dedicated to pioneering medical advances for:

- Low back pain
- Neck pain
- Degenerative disc disease
- Carpal tunnel syndrome
- Tendon and ligament disorders

Every day, patients suffering from physical pain and disability due to injury or aggravated medical conditions undergo treatments that are often ineffective and invasive or have short-lived outcomes.

The demanding nature of the wine industry can lead to pain and repetitive motion injuries of the shoulder, back, hand, elbow, foot and ankle. An untreated injury can develop into a chronic condition and become a huge loss of productivity.



Advance Research. Pioneer New Treatments. Improve Quality of Life.

# What is the Vineyard Worker Health Program?



The Vineyard Worker Health Program (VWHP) is a community program funded by the Napa Medical Research Foundation that provides the opportunity for the patient\* to explore regenerative medicine treatment options to repair the body and reduce chronic pain effectively and efficiently. Our goal is to get workers back to productivity and wellness.

The greatest benefit is being able to heal patients who, despite other treatments, continue to have chronic pain and disability. We use the patient's own platelets or stem cells, which are injected back into the injured tissue, to speed up the healing process and, in some cases, avoid surgery altogether. "Using ultrasound, we can correctly identify the location of a patient's injury and precisely target treatment," explains Dr. Marko Bodor.

\*Patients must currently work within the wine industry and be pre-screened for eligibility. A referral to the Bodor Clinic by a primary care physician, specialist or Worker's Compensation program is required.

Enrollment is privato and confidential.

### About the Bodor Clinic

Treatment options funded by the NMRF through the Vineyard Worker Health Program are provided at the highly-esteemed Bodor Clinic in Napa, recognized as one of the leaders for minimally-invasive regenerative medicine.

#### Marko Bodor, MD

Dr. Marko Bodor specializes in the diagnosis and treatment of complex orthopedic and neurologic conditions in adults and children.



He is board certified in Physical Medicine and Rehabilitation, Sports and Pain Medicine.

Dr. Bodor is recognized for his contributions to peer-reviewed medical journals and books in topics relating to spine, shoulder, hand, wrist, knee, muscle and nerve disorders.

To learn more and to schedule an appointment:

Contact: info@napamedicalresearch.org
Phone: 707-492-0313
NapaMedicalResearch.org



#### **Cost Benefits**

Insurance is beginning to recognize that regenerative treatments are effective in repairing musculoskeletal conditions and are now covering the cost of treatment in some states. However, since this is typically not yet the case in California, we want eligible members of the vineyard and winery community to have access to minimally-invasive regenerative health care.



Appointments through the Bodor Clinic are on a first-come basis.

### To make an appointment you will need:

- A referral to the Bodor Clinic from your primary care physician or specialist.
- Copies of your medical records with current diagnosis and treatment for the condition.
- Imaging studies (e.g. MRI) of the affected area, if available.
- The ability to attend follow-up appointments to assess progress.